

ANY

**PANINI - BAGUETTE
WRAP**

£3.90

(or make your own!)

TIKKA MELT

Chicken Tikka, Red Onions & Mozzarella

DESPERADO

Piri-Piri Chicken, Nando's Hot Sauce, Jalapeños & Mozzarella

BBC

Classic Bacon, Brie & Cranberry

FAT BOY

Ham, Chicken, Pepperoni, Red Onions & Mozzarella

BOB MARLEY

Jerk Chicken, Mozzarella & Reggae Reggae sauce

NYC

Pastrami, Gherkins, Mayo, Mustard & Mozzarella

HUNGER GAMES

Jerk Chicken, Red Onions, Jalapenos, Sweet Chilli Sauce & Mozzarella

SWEET CHILLI MELTDOWN

Chicken, Sweet Chilli Sauce, Red Onion & Mozzarella

ITALIAN MELTDOWN

Chicken, Pesto & Mozzarella

CLASSIC TMP (V)

Tomato, Pesto & Mozzarella

CHICKEN SATAY

Chicken, Peanut Butter, Sweet Chilli Sauce & Mozzarella

ITALIAN STALLION

Chicken, Chorizo, Sun-blush Tomatoes, Pesto & Mozzarella

BEEF JERKY

Pastrami, Jerk Chicken, Peppers, BBQ Sauce & Mozzarella

CHUNKY MONKEY

Lemon Chicken, Black Pepper, Lettuce & Mozzarella

HANGOVER

Chicken, Bacon, Sweetcorn, Mayo & Mozzarella

SMOKEY JOE

Pastrami, Peppers, BBQ Sauce & Mozzarella

MARGARITA (V)

Tomato & Herb Sauce with Mozzarella

EI GORDO

Chorizo Mozzarella, Red Onions & Sun-blushed Tomatoes (Great with pesto)

BIG FAT VEGGIE (V)

Sun-blushed Tomatoes, Peppers, Black Olives, Red Onion, Pesto & Brie

GODFATHER

Tomato & Herb sauce, Pepperoni, Black Olives & Mozzarella

TUNA MELT

Tuna Mayo & Mozzarella
(Great with Red Onion)

SMOKEY JOE

Pastrami, Peppers, BBQ Sauce & Mozzarella

HAMMER OF THOR

Piri-Piri Chicken, Chorizo, Nando's Hot Sauce, Pesto, Sun-blush Tomatoes & Mozzarella

FRYING PAN

Egg Mayo, Bacon, Tomatoes & Mozzarella

MANGASM

Mango Chicken, Red Onions, Jalapeños & Mozzarella

deal time★

panini - wrap
salad - baguette
&

home made soup -crisps
yoghurt - hummus pot
&

drink of choice

£4.95

fresh salads

£3.90

THE RANCH

*Chicken, Bacon, Red Onion, Corn, Black Olives,
and Ranch Dressing.*

THE HOUSE

*Piri Piri Chicken, Feta, Red Onion, Black Olives
and Honey & Lemon Dressing*

LE FROG

*Chicken, Brie, Peppers, Sun-blush Tomatoes,
Pesto & Walnuts*

GO ROGUE

*DIY: Go crazy and make up your own sweet
combination from our ingredients menu!*

THREE HOME MADE GULENT FREE VEGETARIAN SOUPS EVERY DAY!

PROUDLY SERVING AUTHENTIC
ITALIAN COFFEE

A SELECTION OF EXTRAVAGANT
CAKES

A GREAT BREAKFAST SECTION
INCLUDING BACON BUTTIES,
PASTRIES & CHOOSE YOUR OWN
TOPPINGS YOGHURT!



Grub.

fresh food with a difference



MENU

- 59 SCHOOLHILL -

- 148 THE SPITAL -

- ABERDEEN ENERGY PARK -

WWW.GRUBFRESHFOOD.COM

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